



## Oral Health Connection

### *Preventive Visits and Oral Health*

#### **Save Money (and Teeth!)**

During preventive visits, your dentist can detect early signs of a variety of oral health issues and recommend simple fixes or offer less expensive treatment options. Visiting the dentist for preventive checkups can save both money and teeth!

#### **Detecting Serious Health Issues**

Your dentist may also detect early warning signs of more serious health issues that go beyond your mouth, such as cancer and heart disease. According to Cancer.org, dentists can often detect premalignant abnormalities and early stages of cancer in the oral cavity, including tongue, mouth, throat and lip.

#### **Pediatric Care**

It is especially important for children to regularly see the dentist. Dentists can tell if children are properly brushing, flossing and taking care of their teeth in ways that a parent might not be able to detect. Dentists may also identify early orthodontic issues and help prevent early tooth decay by applying sealants.

The American Dental Association recommends taking children to the dentist before their first birthday. Babies can have cavities without having any visible teeth.

#### **No Waiting Periods Between Visits**

Plans from The Dental Care Plus Group cover two preventive visits per year. DCPG does not require a six-month waiting period between visits, unlike many other carriers. We want you and your dentist to decide when your second annual preventive visit should occur.

If you have a history of periodontal disease that has required therapy, you are eligible for two periodontal maintenance procedures per year, in addition to your standard yearly preventive visits.

**You can find more oral health tips by logging in to our online member portal at [DentalCarePlus.com](http://DentalCarePlus.com).**

T H E P L U S I S S E R V I C E

#### **Reasons to visit the DCPG online member portal:**

1. Get up-to-date details on your benefits and claim history.
2. Our cost estimator can give you the typical range of dentist charges in your ZIP code.
3. Request a new member ID card.
4. Easily update your information, including your address.
5. Browse content in our Oral Health Center